



JOB DESCRIPTION

POSITION TITLE: Water Aerobics Instructor

REPORTS TO: Lessons Director

Part-Time \$17.00+ per hour

GENERAL PURPOSE

Under the supervision of the Swim Lessons Director, provides aerobics instruction, monitors, educates patrons on fitness and safety, and maintains a safe and enjoyable atmosphere for class participants.

Duties/Responsibilities:

- Teaches scheduled classes, beginning, and ending on time; provides adequate warm-up, exercise, stretching and cool down.
- Instructs patrons on effective workout methods; explains proper techniques, demonstrates, exercises; identifies different muscle groups, and teaches appropriate methods to strengthen specific muscles.
- Prepares appropriate equipment, music, and handouts for each class.
- Schedules classes with the Lessons Director
- Ensures that safety standards are met
- Can work independently.
- Can follow and enforce all pool standards and rules.
- Flexibility to work a variety of shifts.
- Must be 18 years of age at the time of application.

Special Requirements:

- 2-years' experience teaching water aerobics
- Certified Instructor (AEA, ACE, AFAA), water specialty/certification preferred.
- MUST possess current certifications in CPR/AED and First Aid. The job description above covers the main duties of this position. Please note, as a team member, there may be additional responsibilities that are required to meet ongoing needs of the department.
- Other fitness certifications preferred (on land or in water).